SACKVILLE FOOD PROGRAMS

FOOD BANKS

Beacon House Food Bank
Mon, Tues, Wed, Fri from 9:30-12:45pm and Thurs from 6-8pm. Offers food and food ingredients.

Gateway Food Bank
9-12pm Wed, Thurs by appt. Call on Monday to make appointment. Offers food and food ingredients.

Cobequid Food Security Network
Provides frozen soup while supplies last at the Sackville Heights Community Centre, Freedom Kitchen and Opportunity Place.

MEALS

Freedom Kitchen
FREE take away meals on Mon with pick-up from 4-6pm.

Sackville-Bedford Meals on Wheels
$8 noontime meals
Pre-ordered with deliveries on Tues, Thurs only

Souls Harbour Rescue Mission at Rock Church
FREE dine-in hot lunch at Rock Church on Mon, Tues, Wed, Thurs, Fri from 12-2pm.

Sackville Seniors Advisory Council
Hot lunch Program on Wed from 11:45-1pm. $10 members & $12 non-members. Located at the Sackville Heights Community Centre.
$10 Meal To Go Program order on Fri & pick up Tues by noon.

FOOD PROGRAMS

Sackville Public Library
Daily snacks when Library is open and while supplies last.

Freedom Kitchen Food Rescue
Limited food items available after 11:00am Mon, Thurs, Sat (as posted).

Sackville Square Roots
Normally every 2nd Saturday at the Sackville Public Library. $10 produce bags or what you can pay

Sackville Public Library
Coffee Corner Fridays 10-11 am

NS Works Opportunity Place & Family SOS Community Fridge
Mon to Fri (except holidays)
8:30-4:00pm

Sackville Heights Community Centre
Community Cafe Fridays 10:30-noon

Memory Lane Family Place - Family Resource Centre
Provides food for families as part of its program service delivery.

CONTACTS

Freedom Kitchen at Knox United Church: 567 Sackville Dr (902) 865-9216
NS Works Opportunity Place Community Fridge: 108 Cobequid Rd (902) 864-7520
Beacon House Food Bank: 470 Cobequid Rd. (902) 864-3025
Sackville Public Library: 636 Sackville Dr. (902) 865-8653
Gateway Food Bank: 10 Beaverbank Rd (902) 865-3731
Sackville-Bedford Meals on Wheels: 40 Freer Ln. (902) 869-6103
Sackville Seniors Advisory Council: 45 Connolly Rd. (902) 864-5591
Memory Lane Family Place - Family Resource Centre: 22 Memory Ln. (902) 864-6363
Square Roots: squarerootssackville@gmail.com
Souls Harbour Rescue Mission at Rock Church: 222 Sackville Dr (902) 405-4663 ext. 406
Sackville Heights Community Centre: 45 Connolly Rd. (902) 869-4764
Cobequid Food Security Network: cobequidnetwork@gmail.com

This food program information is brought to you by the Cobequid Food Security Network.

The Cobequid Food Security Network was established in June 2022. It is a coalition of organizations and individuals working together to advocate to eliminate food insecurity within our community; create opportunities for dignified access to sufficient, safe and nutritious food that meets the dietary needs and food preferences of clients; and enhance community collaboration to improve food security service, education, and awareness.